

# Interprofessional Student-Run Free Clinic for the Homeless

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Number of Patient Visits Oct 2014 – Mar 2015

## **Abstract**

The University of South Alabama Student-Run Free Clinic (SRFC) opened its doors March 29th, 2014 in Mobile, Alabama at 15Place, a homeless day shelter in downtown Mobile, Alabama. The clinic serves clients weekly by offering health and wellness screens, resource referrals, and health education. Students are made up of 9 different professional groups and work together in interprofessional teams to complete vital signs, medication reconciliation, physical examination, history gathering, and motivational interviewing. This paper describes the development of the SRFC from conception to implementation and how IPE has remained one of its core values and functions as a working model today. Successful practices, unintended consequences, and epic fails will be discussed. Practical information related to student training, logistics, and faculty oversight will be presented in order to assist in the development of other interprofessional SRFCs that are committed to collaborative care and limiting healthcare disparities in their respective communities.

**Objective:** Communicate the aims of students and faculty of the SRFC in using IPE for improving population health.

## **Clinic Information**

**Location:** 15 Place, a homeless day shelter located in downtown Mobile, Alabama

**Hours:** Saturdays 8:30a – 11:30a

**Services:** Health and Wellness Checks, Preventative Health Care, Mental Health Services, Health Education, Referral

**Professional Groups:** Medicine, Nursing, Speech-Language Pathology, Audiology, Physician Assistant, Social Work, Occupational Therapy, Pharmacy

## **Mission Statement:**

The University of South Alabama SRFC is a student initiative with the purpose to enhance wellness in underserved and vulnerable populations of Mobile, Alabama. Through the SRFC, students across multiple health and social science disciplines will collaborate to empower patients through health education, the promotion of health literacy, and improving access to community health resources. The clinic aims to provide experiential learning for students to practice clinical and communication skills while improving sensitivity to vulnerable populations and promoting a life-long commitment to service.

## <u>Values:</u>

Service learning Patient-centered care Cultural competency Interprofessional collaboration



2015 Interprofessional Student Executive Leadership Board



## **Interprofessional Model**







### **Medical Students**

- History & Physical Exams Physical Examination
- Patient Education
- Motivational Interviewing
- Volunteer Coordination

## **Physician Assistant Students**

- Vital Signs
- History & Physical Exams
- Patient Education
- **Volunteer Coordination**

## **Nursing Students**

- Triage/Vital Signs
- History & Physical Exams Patient Education

**Explore** 

Student Interest

Early Efforts in IPE

Administrative Support

Funding

**Community Partners** 

DONATION DRIVE

Wellness screening





## **Pharmacy Students**

- Vital Sians
- Medication Reconciliation
- Patient Education
- Motivational Interviewing

- in order to evaluate patients for speech and hearing disorders
- Patient Education
- Special sessions with speech & hearing

## **Social Work Students**

- Participate in all aspects of patient
- Link patients to available resources





# Participate in history & physical exams

- encounters

Research

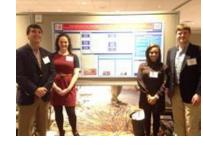
This project consist s of administering a validated survey to clients in order to determine the homeless population's perceived needs, how well the SRFC is responding to those needs, and how the clinic might expand in the future to meet a greater number of homeless needs more effectively. The data collection phase of this project began February 2015 and is being conducted by an interprofessional team of students.

**NEEDS ASSESSMENT** 

## STUDENT ATTITUDES TOWARD THE HOMELESS

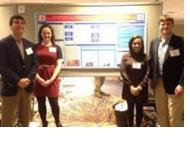
One of the primary goals of the SRFC is to develop student





sensitivity to vulnerable populations. Inspired by evidence in the medical education literature that the attitudes of medical students toward the homeless population become progressively more negative as they advance through their four years of training, the Student Research Committee is conducting a study Fall 2015 that will determine the impact, if any, of the student volunteer experience at the SRFC.





## Interprofessional Student Leadership Patient Tracking

Outlook

Designing Research Demonstrating Outcomes Sustaining Faculty Support

## Challenges

Maintaining interprofessional focus Sustaining faculty support and oversight Documentation and patient tracking

SOCK DRIVE

## **Lessons Learned**

Improve information sharing as student leadership shifts Enhance safety training and related operational issues

Earlier EHR installation and utilization

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## Design



Clinic Objectives Clinic Scope of Practice Logistics Interprofessional Teams Collaborative Care Student Volunteers Faculty Oversight

Expenses



**Implement** 







