

# Educating Clinical Nurse Specialists in an online, interprofessional course: Use of a case study Barbara E Harrison PhD, APN, GNP-BC, FGSA

# **Inter-professional Collaborative Practice**

Interprofessional collaborative practice (ICP) is defined as a collaborative approach to patient-centered care, with emphasis on team interaction, communication, evidencebased practice, and quality improvement.

ICP is an important competency for Adult- Gerontology Clinical Nurse Specialist (CNS) students as identified by American Association of Colleges of Nursing (AACN) and National Association of Clinical Nurse Specialist (NACNS).

The purpose of this poster is to describe a case study assignment in an adult-gerontology, interprofessional course for CNS and other health science students.



# **Transitions Theory and ICP**

This course uses Transition Theory (Meleis, 2010) as its framework. Transitions are defined as

"Passages from one life phase, condition or status to another".

Meleis and others have used transitions theory to study readiness for discharge and healthy transition processes for Answer all questions asked of you (your discipline) by other patients with diabetes and other chronic conditions.

### **Case Study as Learning Activity**

The course is in the second year of curriculum for CNS students. Other health science students take the course as an elective. (Social Work, Kinesiology, Nutrition, Public Health)

#### Goal of Learning Activity: Transitions of Care

To understand the complexities of creating a safe transition of care for older adults patients who are discharged.

#### Case Study

Mr. Smith is an 86 year old man with known CHF, HTN, CAD, Osteoarthritis was admitted from home, is also noted to have fallen the 1st day.. He lives with his 83 year old wife in a ranch home. This is his 3rd hospital admission in the past 6 months for CHF. During the hospital course, she was noted to be mildly confused (more here on his condition each day) Day 4 - he should be preparing for discharge.

## **Instructions to Students: IPE questions**

Attend virtual team meeting where each discipline makes a recommendation and rationale for a discharge plan.

#### **Ouestions:**

Ask 2 questions to each team member for information that will help you make a recommendation for a safe discharge. Be specific about lab or screening tests.

disciplines and provide references for your answers.

## **Enhancement of Quality of Care**

The final case study questions focus on quality:

Describe 2 services you expect patient to need after discharge and explain how those services could improve his transition or prevent readmission.

Complete the assignment by describing how information provided by other disciplines influenced your recommendation for a safe discharge.

#### **Innovation in Distance Education**

Use of virtual case studies in online curriculum can be challenging. Development of the case studies using an expanding case in which the faculty add progress notes and labs each day, adds to the educational value. It simulates what students would experience in a IPC clinical practice.

#### Simulation of a team conference



References available

